

**PALOMAR COLLEGE
PSYCHOLOGY DEPARTMENT**

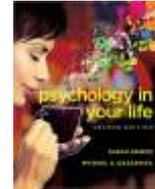
**Introduction to Psychology
PSYC 100 Spring 2018**

Days/Times: Mon 6:00pm – 9:10pm (3 credits)
Location: Escondido Campus, Room 503

Instructor: Judith S. A. Asem, Ph.D.
Email: jasem@palomar.edu

Communication: Come talk to me before / after class! Most questions can be answered quickly, then and there. You may also email me; I will respond within 48 hours, with limited access during evenings, weekends, and holidays. If I do not respond, it is because I did not receive your email, so please send it again.

Textbook: Psychology in Your Life, 2nd edition Authors: Grison & Gazzaniga
ISBN: 978-0-393-26515-6 Publisher: W.W. Norton



Course Description:

What is this course? Psychology is the science of behavior and mental processes. Introduction to Psychology is a course which will provide an overview of the historical and scientific roots of psychology, the biological foundations of behavior, motivation, development, learning, memory, personality, psychopathology, and social psychology. This course will survey the broad field of psychology and examine how the many areas of psychology are similar and different in their study of people's thoughts, feelings, and behaviors.

At the end of this course, you should be able to provide accurate and intelligent responses to two questions:

What do psychologists do? As we are learning about the various areas of psychology, we will examine how psychologists come to their conclusions. We will see the various techniques scientists use (experiments, surveys, observation) to study psychology, and we will develop a critical eye about inaccurate, biased, and over-generalized conclusions.

How is psychology a part of my life? Psychology is ultimately the study of people, so it's important for everyone to see how the topics covered in this course apply to the real world of everyday life. We will see that there are some basic psychological processes (biological, perceptual, and emotional) that apply to everyone and other aspects of psychology that vary across different people. In the end, you should be able to incorporate psychology into your life on many different levels.

Course Objectives:

1. Demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. Understand and apply basic research methods in psychology, including research design, data analysis, and interpretation.
3. Respect and use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.
4. Understand and apply psychological principles to personal, social, and organizational issues.
5. Weigh evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a discipline.
6. Recognize, understand, and respect the complexity of sociocultural and international diversity.
7. Develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management and self-improvement.

Student Learning Outcomes:

- Demonstrate knowledge of the major theoretical perspectives of psychology and the findings from major psychological studies.
- Demonstrate competence in communication skills (writing, oral and interpersonal) of psychological concepts, teamwork and effective self-reflection.

PALOMAR COLLEGE
PSYCHOLOGY DEPARTMENT

Website:

The lecture slides and other pertinent materials will be placed on the Canvas website. Lecture slides will be posted *after* each class.

Attendance Policy:

Lecture. Attendance at lectures is not a specific course requirement, but you are strongly encouraged to be present for lectures. Whether you are present or absent, you will be responsible for any material covered in lecture and any relevant announcements (for example, regarding exams). Exams will cover material from the text and from lecture, which will not always overlap. That is, you will be responsible for some material that is presented in lecture, but not in the text. It is unlikely that you will be able to do well in this course without regular lecture attendance.

Quizzes / Exams. Attendance at exams is a specific course requirement. Make-up exams will only be offered in the case of an "excused" absence. An excused absence from an exam must be verified by presenting proper documentation to me. For example, if you are ill, you must provide a doctor's note. If you are attending a wedding or funeral, you must provide documentation of that event as well as its date. If you know before the excused absence is to occur that you will be absent, you must contact me before the exam. An unexcused absence from an exam, or even an excused absence without proper documentation, will result in a grade of zero for that particular exam. For more information, please see the section below titled "Make-Up Policy".

Instructor Drop. As noted in the Palomar College Catalog, an instructor may "drop a student for the following reasons: 1) excessive absences, normally defined as more than the number of times the class meets per week; 2) failure to take examinations; 3) failure to complete class assignments." This means that you may be dropped if you miss more than 2 classes and/or if you fail to complete two consecutive assignments. In the case of this course's schedule, this means being inactive in the course for 2 weeks or more. Please note, though, that if you decide to drop the class (*student drop*), it is your responsibility to officially drop the course (missing class does not mean this will automatically be done for you). If you forget to drop the class, I am obligated to give you a grade. If you are receiving federal aid, you must participate to stay in the class (attend class and complete assignments). Students receiving federal aid will be dropped (even past the drop deadline) if they do not participate.

Make-Up Policy:

Lecture. If you miss lecture (for any reason, excused or unexcused), you will be responsible for obtaining any notes / announcements from class from other students. Lecture notes will also be available on Canvas.

Quizzes / Exams. Any unexcused absence from an exam will result in a grade of zero and no opportunity for a make-up exam. If you miss an exam due to an excused absence, you must present documentation of the absence to me by the time you return to class. *All make-up exams will be scheduled to be taken before the next class (Monday, ~4:00pm).* The make-up exam may not be the same as the in-class exam (although it will be the same level of difficulty). Failure to make up an exam will result in a grade of zero on that exam. Furthermore, there will be no opportunities to make up the final exam. It must be taken during the day/time that it is scheduled by Palomar College (May 21) or before that date/time (Monday, May 14).

Late Policy:

An assignment is considered late if it is submitted after the posted deadline on Canvas (typically Mondays, 6:00pm). Late submissions will not be accepted.

**PALOMAR COLLEGE
PSYCHOLOGY DEPARTMENT**

Requirements:

The course grade (there is no curve) will be determined based on the following requirements.

InQuizitive Assignments	15%
ZAPS Labs	15%
Chapter Review Quizzes	15%
Summative Quizzes (3)	15%
Midterm Exams (3)	30%
Cumulative Final Exam	10%

- 1) **InQuizitive Assignments:** Pre-lecture assignments will be due prior to the lecture, and can be completed open-book/notes. This platform is through the textbook publisher, which requires a separate account. However, the link to this online supplement is available on Canvas.
- 2) **ZAPS Labs:** These assignments work through important concepts from the textbook as “online laboratory experiments.”
- 3) **Chapter Review Quizzes:** Post-lecture quizzes will be due for each chapter. They are available on Canvas, and can be completed open-book/notes.
- 4) **Summative Quizzes:** There will be short quizzes interspersed throughout the semester, prior to each midterm exam. These quizzes will test material from the previous lecture(s) and corresponding readings, in order to prepare you for the midterm exam. You will be given ~15 minutes at the beginning of the class for the quiz. You must be punctual or risk having less time (or no time at all) to take the quiz. Answers to quizzes will be verbally discussed in class, but neither the quiz questions nor answers will be posted on Canvas.
- 5) **Midterm Exams:** There will be midterm exams interspersed throughout the semester. These exams will test material from the previous lectures and corresponding readings of that section. Exams will consist of ~50 multiple choice questions. Answers to midterm exams will be verbally discussed in class, but neither the exam questions nor answers will be posted on Canvas.
- 6) **Cumulative Final Exam:** There will be a cumulative final exam at the end of the semester, testing material from all of the previous lectures and corresponding readings.

There is no curve, and there is no extra credit available.
Grades will be rounded as per standard mathematical practice.

**PALOMAR COLLEGE
PSYCHOLOGY DEPARTMENT**

Policies and Support Services:

This course is governed by the policies set forth by Palomar College.

If you have any questions regarding the Disability Resource Center (DRC), please contact their office. If you may require accommodations, please establish contact with the instructor prior to the first in-class quiz, so that you have accommodations in place prior to the first midterm exam. Accommodations are only available for students who have a registered protocol with the DRC, and have the required documentation.

Contact	Learn More	Contact
DRC	Website	760-744-1150 ext. 2375

Statement of Diversity and Inclusion:

As an instructor, I believe in facilitating a community committed to sharing values of diversity and inclusion in order to achieve and sustain excellence. I believe excellence is best promoted by having a diverse group of students, faculty, and staff who are committed to creating a climate of mutual respect that is supportive of one another's success. I desire to work toward an ultimate outcome of best serving the needs of students, particularly by demonstrating an understanding of diversity as it relates to planning, instruction, management, and assessment.

[modified from Johns Hopkins University's statement]

Statement on Academic Integrity:

Students are expected to comply with Palomar College's policies on academic honesty. Plagiarism of any kind will not be tolerated. This includes using someone else's words or ideas without proper citation, submitting work for this class that you have completed for any other course, cheating on an exam, or faking your data on your research projects. Any student who violates the college's policies may receive a "0" on the activity and will be reported to the director of student affairs. Please refer to the plagiarism handout for information regarding plagiarism and how to avoid it.

A(nother) Word on Ethics:

The strength of our community depends on academic and personal integrity. In this course, you must be honest and truthful. Ethical violations include cheating on exams, plagiarism, re-use of assignments, improper use of the Internet and electronic devices, unauthorized collaboration, alteration of graded assignments, forgery and falsification, lying, facilitating academic dishonesty, and unfair competition. Report any violations you witness to the instructor. Ethical violations will result in failure of the course and disciplinary action.

[modified from Johns Hopkins University's statement]

**PALOMAR COLLEGE
PSYCHOLOGY DEPARTMENT**

Schedule of Classes
The following schedule is subject to change.

Week 1	Topic	Resources
Mon, Jan 29	Introduction to the Course Introducing the World of Psychology	Chapter 1 InQuizitive due

Week 2	Topic	Resources
Mon, Feb 5	The Role of Biology in Psychology	Chapter 2 InQuizitive due

Week 3	Topic	Resources
Mon, Feb 12	Quiz #1 Consciousness Development across the Life Span Sensation and Perception	Chapter 3 InQuizitive due Chapter 4 InQuizitive due Chapter 5 InQuizitive due

Week 4	Topic	Resources
Mon, Feb 19	<i>George Washington's Birthday</i> (No Class)	ZAPS Labs due (Stroop Effect, Split Brain, Signal Detection, Ponzo Illusion)

Week 5	Topic	Resources
Mon, Feb 26	<i>Review Session</i> Exam #1	Chapter Review Quizzes due (Chapters 1 – 5)

Week 6	Topic	Resources
Mon, Mar 5	Learning Memory	Chapter 6 InQuizitive due Chapter 7 InQuizitive due

**PALOMAR COLLEGE
PSYCHOLOGY DEPARTMENT**

Week 7	Topic	Resources
Mon, Mar 12	Quiz #2 Thinking and Intelligence Motivation and Emotion	Chapter 8 InQuizitive due Chapter 9 InQuizitive due ZAPS Labs due (Classical Conditioning, False Memory)

Week 8	Topic	Resources
Mon, Mar 19	<i>Review Session</i> Exam #2	ZAPS Labs due (Analogical Representation, Decision Making) Chapter Review Quizzes due (Chapters 6 – 9)

Week 9	Topic	Resources
Mon, Mar 26	<i>Spring Recess</i> (No Class)	

Week 10	Topic	Resources
Mon, Apr 2	Sex, Gender, and Sexuality Health and Well-Being	Chapter 10 InQuizitive due Chapter 11 InQuizitive due

Week 11	Topic	Resources
Mon, Apr 9	Social Psychology Self and Personality	Chapter 12 InQuizitive due Chapter 13 InQuizitive due

Week 12	Topic	Resources
Mon, Apr 16	<i>Instructor Out of Town</i> (No Class)	ZAPS Labs due (Implicit-Association Test, Big Five, Memory Bias, Narcissism)

**PALOMAR COLLEGE
PSYCHOLOGY DEPARTMENT**

Week 13	Topic	Resources
Mon, Apr 23	<i>Instructor Out of Town (No Class)</i>	Chapter Review Quizzes due (Chapters 10 – 13)

Week 14	Topic	Resources
Mon, Apr 30	Quiz #3 Psychological Disorders Psychological Treatments	Chapter 14 InQuizitive due Chapter 15 InQuizitive due

Week 15	Topic	Resources
Mon, May 7	<i>Review Session</i> Exam #3	Chapter Review Quizzes due (Chapters 14 – 15)

Week 16	Topic	Resources
Mon, May 14	<i>Review Session</i>	

Week 17	Topic	Resources
Mon, May 21	Final Exam (Cumulative) (6:00pm – 9:10pm)	